

KIMIHIA KHRONICLE

The official newsletter of Kimihia Home and Hospital - Huntly

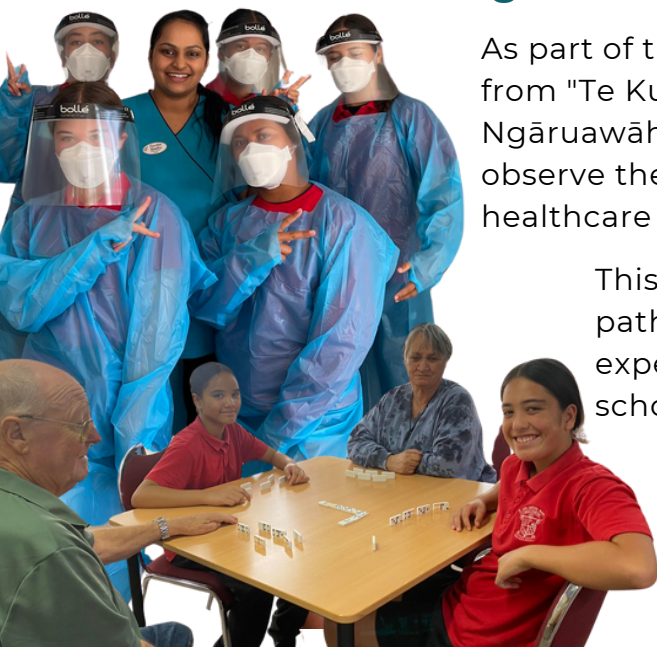


Kimihia hosts Intergenerational Programme for TKKM Students

As part of the school's community exchange programme, students from "Te Kura Kaupapa Maori o Bernard Fergusson" in Ngāruawāhia have been visiting Kimihia Home & Hospital to observe the roles of our medical professionals, learn about basic healthcare principles, and build relationships with kaumātua.

This activity seeks to broaden their knowledge of career pathways and options within the community by combining experiences and learnings between the rest home and their school.

The programme will be running for 10 weeks and recent highlights have been an "Infection Control" workshop with our Clinical Leader, Neethu, a Health & Safety workshop by Te Mihinga, and a demo on assistive devices by our Asst. PT, Chris.



Enjoyable Train Ride to Te Awa

Kimihia Residents rode the train via the Raahui Pookeka from Huntly to Hamilton to have some kai and have a walk around. Spending time outdoors is beneficial to the immune system and helps increase levels of vitamin D, which is often low among seniors.



Mr. Scoops visit on a Hot Summer Day

Ice cream is often high in calcium and other essential vitamins & minerals, including vitamin D, vitamin A, calcium, phosphorus and riboflavin. When paired with berries and dark chocolate seniors can also reap additional health benefits. What a fun way to relive childhood memories for our residents!



Kai Hakari in Kimihia



Residents prepared and feasted on Boilups, Fried Bread, Kamo Kamo & Riwai

On Birthdays...

Celebrants for February enjoyed simple celebrations esp. Noeline who just turned 93 this month (right). Hooray!

HAPPY BIRTHDAY

- Mar 12 - JOHN Blissett
- 15 - GENE Maru
- 19 - SHEILA Spencer
- 22 - BEV Wilson
- 23 - IAN Pentecost
- 25 - BOBBIE Thompson
- 27 - JOHN Collins
- 29 - FRANK Bateman



Clinical Updates

- **Updates on Residents:** Whānau should ring RN-on-duty to get updates on their loved ones.
- Concerns about Resident's care? Email Clinical Nurse Leader/ Unit coordinator at clinical.leader@kimihia.co.nz

Training

- We ran 3 sessions of 'Moving and Handling' in February.
- PRN Medication for medication competent staff was conducted.
- Selected RNs are attending Fundamentals of Palliative Care, InterRai Training and Sub Cut Pump Practical Training.
- 3 staff will attend First Aid Training

Farewells

Our deepest sympathies to the whānau of our beloved residents who have passed away recently:

- RONALD Blayney
- PRUDANCE Clifford
- MARLENE Gauld

New Staff

A warm welcome to our new HCAs:

MELUNA Galila



EMALI Waqa